

IT'S TIME FOR A CHANGE!

NOV 1

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like **most** about the proposed changes?

everything - it helps out families that need assistance and makes it easier for them to get nutritious food for their children.

What other comments would you like to make?

I think that this proposed change & addition is great.

Signature of participant

IT'S TIME FOR A CHANGE!

NOV 6 1997

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture)

What do you like most about the proposed changes?

More variety of foods

What other comments would you like to make?

Signature of participant

P-4403

IT'S TIME FOR A CHANGE!

NOV 02 1990

WIC is proposing to make changes in our Food Packages.

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- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

I think its good that there going to start giving fruits & veggies.

What other comments would you like to make?

Just that this place has been very helpful to my family.

Signature of participant

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- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

Fruit and vegetables, baby jars

What other comments would you like to make?

It would be more convenient to have a card where we could use it at any store.

Signature of participant

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- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

it would add for the fruit for the children

What other comments would you like to make?

Nothing to say things fine

Signature of participant

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- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like **most** about the proposed changes?

What other comments would you like to make?

Signature of participant

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Offer.

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
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- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

fruits & veggies

What other comments would you like to make?

Signature of participant

P-4408

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

Milk substitutes, salmon, whole grains

What other comments would you like to make?

Signature of participant

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Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

The addition of fruits and vegetables, as well ~~as~~ as the baby food.

What other comments would you like to make?

None.

Signature of participant

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Offer.

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans.
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes? *Good. Great
Good for everyone.*

What other comments would you like to make?

Signature of participant

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Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture)

What do you like most about the proposed changes?

I like the... more, the fruits and vegetables would be... I know for myself I can be... the condition of my produce

What other comments would you like to make?

Signature of participant

P-4412

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

I like them my baby already eats lots of
veggies and beans.

What other comments would you like to make?

Signature of participant

IT'S TIME FOR A CHANGE!

NOV 6 1993

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

Give me more of a range of foods to offer

What other comments would you like to make?

none

Signature of participant

P-4414

IT'S TIME FOR A CHANGE!

NOV 1997

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

they're all healthy

What other comments would you like to make?

None

Signature of participant

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

That you have a choice of what you ~~like~~ want

What other comments would you like to make?

Signature of participant

P-4416

IT'S TIME FOR A CHANGE!

08/02/18

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc).
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like **most** about the proposed changes?

*I think this is great
gives me a chance to
eat healthier food. It's nice
to also have options.
— fruits and vegetables*

What other comments would you like to make?

Signature of participant

IT'S TIME FOR A CHANGE!

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Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

I like idea that wic will
 be to fruits and vegetables
 to the packages. Fruits &
 vegetc are good a person die

What other comments would you like to make?

none

Signature of participant

P-4418

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

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- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna;
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

They are all healthy for you and

What other comments would you like to make?

Signature of participant

P-4419

IT'S TIME FOR A CHANGE!

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- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna;
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

baby jar fruits and vegetable, fruit and vegetables,

What other comments would you like to make?

Signature of participant

P-4420

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

NOV 02 2008

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

This will help out the families
who really need the assistance

What other comments would you like to make?

Signature of participant

P-4421

IT'S TIME FOR A CHANGE!

NOV

WIC is proposing to make changes in our Food Packages.

Here are some of the proposed additions and changes:

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- fruits and vegetables;
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- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

I think that the proposed changes are excellent and I had made a comment about this 7 years ago when I had my first child on W.I.C. This would really help the families that are currently receiving W.I.C.

What other comments would you like to make?

Signature of participant

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- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

Baby Jar fruits + vegetables

What other comments would you like to make?

Signature of participant

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Here are some of the *proposed* additions and changes:

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- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

fruits & vegetables / milk

PT

What other comments would you like to make?

none

Signature of participant

3-4423

P-4424

IT'S TIME FOR A CHANGE!

NOV 0 1996

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes? my family, eats a lot of fruit so that I like a lot and baby food is a ~~great~~ great idea because some people can't afford it-

What other comments would you like to make?

Signature of participant

P-4425

IT'S TIME FOR A CHANGE!

NOV 18 1997

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

-WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like **most** about the proposed changes?

it seems to work

What other comments would you like to make?

*it works better than before
it works*

Signature of participant

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Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

They give you more to chose from

What other comments would you like to make?

Signature of participant

P-4427

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables.
- milk substitutes such as soy beverages and tofu.
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

fruits & veggies
canned beans
whole grain foods

What other comments would you like to make?

It would be extremely helpful to have
above items added

Signature of participant

P-4428

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

Fruits and Vegetables

What other comments would you like to make?

None

Signature of participant

P-4429

IT'S TIME FOR A CHANGE!

NOV 20 2009

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes? *Everything*

What other comments would you like to make? *none*

Signature of participant

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

The fruits and vegetables and baby food

What other comments would you like to make?

none

Signature of participant

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes? *The variety is great. Not all kids eat the same.*

What other comments would you like to make?

Signature of participant

IT'S TIME FOR A CHANGE!

309 1 2

WIC is proposing to make changes in our Food Packages.

Here are some of the <i>proposed</i> additions and changes:
<p>Offer:</p> <ul style="list-style-type: none"> • fruits and vegetables; • milk substitutes such as soy beverages and tofu, • canned beans; • a variety of whole grain foods (cereal, breads, tortillas, rice, etc), • canned salmon or sardines in addition to canned chunk light tuna • "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

<p>WIC wants to know your ideas about these changes!</p> <p>The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture)</p>
<p>What do you like most about the proposed changes?</p> <p style="text-align: center; font-size: 1.5em;">fruits, vegetables tuna</p> <p>What other comments would you like to make?</p>

Signature of participant

IT'S TIME FOR A CHANGE!

NOV 13 2003

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu.
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

fruit and vegetables

What other comments would you like to make?

Signature of participant

p-4433

P-4434

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

me gustan frutas y verduras

What other comments would you like to make?

Signature of participant

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

THIS

jar

is for the canned foods and

Thank You.

What other comments would you like to make?

Thank you very much!

Signature of participant

P-4436

IT'S TIME FOR A CHANGE!

JUN 10 2011

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

more ~~options~~ options.

What other comments would you like to make?

we think the fruit and veggies would be great

Signature of participant

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables.
- milk substitutes such as soy beverages and tofu;
- canned beans.
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes? the fruits and veggies and baby jar foods. Excellent ideas to be implemented. Also for tuna to give people essential omegas not offered before.

What other comments would you like to make?

Signature of participant

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

O.K

What other comments would you like to make?

W/h

Signature of participant

P-4439

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

I like the milk substitute a
drink soy milk

What other comments would you like to make?

Signature of participant

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

that we can get fruits & vegetables, also cereal, breads, tortillas, rice & baby jar foods.

What other comments would you like to make?

Signature of participant

P-4441

IT'S TIME FOR A CHANGE!

NOV 2 1995

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

all of it - it's good

What other comments would you like to make?

Signature of participant

P-4442

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

the fruits! ☺

What other comments would you like to make?

yes i like these changes ☺

Signature of participant

IT'S TIME FOR A CHANGE!

NOV 10 1996

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

Fruits & Veggies

Milk alternatives

What other comments would you like to make?

No farmers market

Signature of participant

Ehhh-d.

P-42144

NOV 27 1991

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

that they added more selections such as tuna, and a variety of cereals.

What other comments would you like to make?

no

Signature of participant

P-4445

NOV 2 2008

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

I think the proposed idea is great. In my household my children love fruit. I also think adding baby food is also great because it can be some what pricey if you don't buy with coupons

What other comments would you like to make?

none.

Signature of participant

P-4446

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

I like the suggestion of more fruit and veggies.
Also the addition of baby jar fruits and
veggies

What other comments would you like to make?

This is a great program for babies and
toddlers. The variety of choices are a great
asset. The food choices would help WIC that much
more.

Signature of participant.

P-4447

NOV 03 2002

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

Fruits and vegetables

What other comments would you like to make?

Variety of whole

Signature of participant

IT'S TIME FOR A CHANGE!

2017 03 23

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

milk substitutes -
canned salmon

What other comments would you like to make?

baby jar fruit : Veg +
Rice empty calories
~~the jarred~~ ~~salmon~~ ~~canned beans~~

Signature of participant

P-4449

NOV 3 1993

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

not a good ideas

What other comments would you like to make?

Signature of participant

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc).
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

I like the more variety being offered!

What other comments would you like to make?

Signature of participant

IT'S TIME FOR A CHANGE!

2007

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!
The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

I think the changes are great.
I really like the baby jar foods it
would really help.

What other comments would you like to make?

Signature of participant

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture)

What do you like most about the proposed changes?

I DEFINITELY think soy milk & tofu should be in the list

What other comments would you like to make?

Signature of participant

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

FRUIT
 CANS
 salmon

What other comments would you like to make?

Signature of participant

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

that you can go to any store in California

What other comments would you like to make?

Fruits and veggies would be great

Signature of participant

IT'S TIME FOR A CHANGE!

NOV 23 2005

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!
 The American Red Cross WIC Program will submit your ideas to the USDA
 (United States Department of Agriculture).

What do you like most about the proposed changes?

Fruits and vegetables

- Canned beans
- whole grain food
- Canned Salmon

What other comments would you like to make?

Signature of participant

P-4456

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna;
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

Good ideas

What other comments would you like to make?

Signature of participant

P-4457

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages:

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables; ✓
- milk substitutes such as soy beverages and tofu;
- canned beans; ✓
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc); ✓
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables. ✓

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

I love the fact that WIC is proposing to add the additions mostly the fruits + vegetables + jarred baby foods

What other comments would you like to make?

Signature of participant.

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages:

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

I LIKE THE BABY JAR FOODS BECAUSE
THOSE CAN GET EXPENSIVE AND THOSE
ARE HEALTHY FOR THE BABY SO MORE
PARENTS WILL FEED THEIR BABY HEALTHY
FOODS.

What other comments would you like to make?

Signature of participant

P-4459

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

fruits and vegetables
Canned
variety of whole grain foods
baby jar and veggies

What other comments would you like to make?

good change, more of a variety to choose from

Signature of participant

P-4460

IT'S TIME FOR A CHANGE!

NOV 03 2005

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

fruits + vegetables

What other comments would you like to make?

juices + milk + yogurt

Signature of participant

P-4461

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna;
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

I like the additions.

What other comments would you like to make?

Signature of participant

P-4462

IT'S TIME FOR A CHANGE!

NOV 09 2005

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

fruits & veg. soy
whole grain foods

What other comments would you like to make?

Signature of participant

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

The variety you can choose from
will make life easier

What other comments would you like to make?

I will look forward to the
new additions in the new phase.

Signature of participant

P-4464

IT'S TIME FOR A CHANGE!

NOV 1994

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables.
- milk substitutes such as soy beverages and tofu.
- canned beans.
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

Baby food, fruits + veggies

soy milk!

canned beans (I always prefer
the raw beans)

What other comments would you like to make?

Signature of participant

P-4465

IT'S TIME FOR A CHANGE!

NOV 03 2006

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables.
- milk substitutes such as soy beverages and tofu.
- canned beans.
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc).
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

I like
available

... & budgetable will be

What other comments would you like to make?

Signature of participant

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

Thank you, using an checks @ other locations helps because we only have one car. My husband has the car, we couldn't go get our things here. So again, thank you.

What other comments would you like to make?

It would be easier if some of the checks were combined. Put 1 month's required items on 3 checks instead of separately.

Signature of participant

IT'S TIME FOR A CHANGE!

NOV 1991

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu.
- canned beans.
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture)

What do you like most about the proposed changes?

I like this ideas you proposing. I think you are making it easier.

What other comments would you like to make?

Signature of participant

P-4468

IT'S TIME FOR A CHANGE!

NOV 1998

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

The variety of whole grain foods
also, they are so much easier to prepare
I also like the fact that they are so easy
to use.

What other comments would you like to make?

Signature of participant

P-4469

IT'S TIME FOR A CHANGE!

NOV 2004

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu,
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

- fruits and vegetables

-

What other comments would you like to make?

I don't know, I'm happy with what I have now.

Signature of participant

P-4470

IT'S TIME FOR A CHANGE!

NOV 17 2011

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc).
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

Fruits and veg. ingredients

What other comments would you like to make?

I liked that you open Saturdays

Signature of participant

P-4471

IT'S TIME FOR A CHANGE!

NOV 03 1998

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

Fruits
 Vegetables
 Canned salmon
 Canned tuna
 Canned beans
 Soy beverages
 Tofu

What other comments would you like to make?

Signature of participant

P-991d

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

That I could get more of the other alternatives.

What other comments would you like to make?

MH

Signature of participant

P-4473

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna;
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

The fruits + vegetables and the baby jar food.
That will help a lot.

What other comments would you like to make?

Nani

Signature of participant

P-4474

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

offer Fruits & veg.

What other comments would you like to make?

Signature of participant

P-4475

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

Fruits/vegetables
Baby jar fruits and vegetables

What other comments would you like to make?

Signature of participant

P-4470

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna;
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

Fruits and vegetables

What other comments would you like to make?

I think Fruits and vegetables are great
they are healthy for the kids and expensive
at the stores.

Signature of participant

P-4477

IT'S TIME FOR A CHANGE!

USDA

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

It is important to eat fruits & vegetables.

What other comments would you like to make?

Signature of participant

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed additions and changes*:

Offer.

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans.
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

That there is more variety

What other comments would you like to make? *none.*

Signature of participant

P-4479

IT'S TIME FOR A CHANGE!

NOV 08 2006

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

It's all fine.

What other comments would you like to make?

Signature of participant

P-4480

IT'S TIME FOR A CHANGE!

NOV 18 2008

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

What other comments would you like to make?

Signature of participant

P-4481

IT'S TIME FOR A CHANGE!

NOV 2007

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

that you will have more
to choose from.

What other comments would you like to make?

Signature of participant

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

All proposed changes

What other comments would you like to make?

A package of diapers

Signature of participant

P-4483

EDV 0 5 2006 11 P

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

P-

Here are some of the **proposed** additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

*It will help...
I like it.*

What other comments would you like to make?

*I would like to see...
maybe more...
...instead of...
...place.*

[Handwritten Signature]
Signature of participant

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables.
- milk substitutes such as soy beverages and tofu;
- canned beans.
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc).
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

I love all the new food which would be added, especially, the baby jar fruits and vegetables. They are very expensive to purchase.

What other comments would you like to make?

Thank You for all of your support and caring so much about us in every way.

Narlin Nafez

Signature of participant

P-4485

IT'S TIME FOR A CHANGE!

DATE: 04/20/10

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

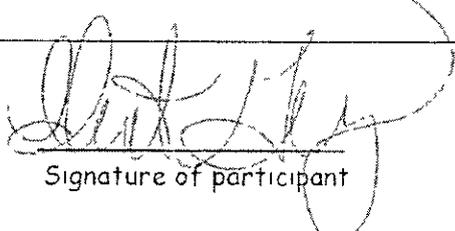
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

Fruits & vegetables

What other comments would you like to make?


Signature of participant

P-4486

IT'S TIME FOR A CHANGE!

WIC

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables,
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

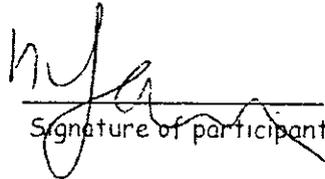
The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

I would love
the change

What other comments would you like to make?

none


Signature of participant

P-4487

IT'S TIME FOR A CHANGE!

NOV 8 2008

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables.
- milk substitutes such as soy beverages and tofu.
- canned beans.
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

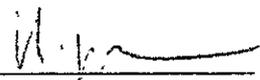
The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

Good

What other comments would you like to make?

N/A


Signature of participant

P-4489

IT'S TIME FOR A CHANGE!

NOV 1 2000

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc),
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

the fact - the checks can be used at
any loc: ~~is~~ VERY ~~convenient~~ convenient.

What other comments would you like to make?


Signature of participant

P-4490

IT'S TIME FOR A CHANGE!

NOV 1 2007

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

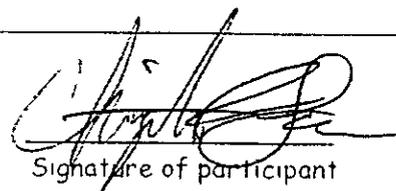
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

Sounds easier, good changes.

What other comments would you like to make?


Signature of participant

P-4491

IT'S TIME FOR A CHANGE!

NO. 111

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables.
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc).
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

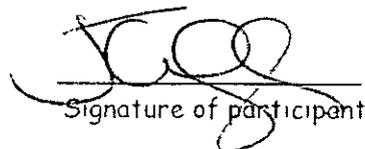
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

Fruits & veggies

What other comments would you like to make?


Signature of participant

P-4492

IT'S TIME FOR A CHANGE!

NO. 1000

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables.
- milk substitutes such as soy beverages and tofu.
- canned beans.
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

would be a nice change.

What other comments would you like to make?

J. K. [Signature]
Signature of participant

IT'S TIME FOR A CHANGE!

DC

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu.
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc).
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture)

What do you like most about the proposed changes?

Fruit and vegetables
A variety of whole grain foods
Milk substitutes such as soy beverages
and tofu.

What other comments would you like to make?

No, this a good change to be offer
for them at least they have the
option. Thanks.

Helen Dow

Signature of participant

P-4494

IT'S TIME FOR A CHANGE!

NOV 2013

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu.
- canned beans.
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc).
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

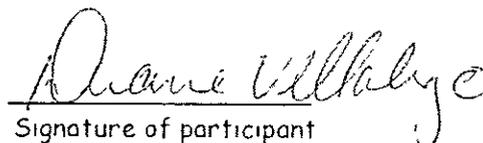
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

Fruits + veggies

What other comments would you like to make?


Signature of participant

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer.

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu,
- canned beans,
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna
- "baby jar" fruits and vegetables

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA (United States Department of Agriculture).

What do you like most about the proposed changes?

and
w/c.

vegies
will be great for people
at my jarred food.

What other comments would you like to make? N/A

Signature of participant

P-4490

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

You can pick any product as long as it's like some quantity.

What other comments would you like to make?


Signature of participant

P-4497

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

I think it's very positive and great, some children are allergic to regular milk products. It's more of a variety for children, plus it's all very healthy.

What other comments would you like to make?

I hope the proposal passes

Valerie Pen

Signature of participant

P-4498

NOV 04 2005

ES TIEMPO DE MUDANZA!

WIC tiene una propuesta nueva en su paquete de comida.

Unas de las *propuestas* adicionales y de cambio:

Propuesta:

- Frutas y vegetales;
- Substitutos para la leche como bebidas con soya y tofu;
- Frijoles enlatados;
- Granos integrales en general (cereales, panes, tortillas, arroz e etc.);
- Enlatados de salmon o sardinas como adicional del atun light;
- Comida de frutas e vegetales para bebes;

*Por favor, note que el leche, queso, jugo, cereales, mantequilla de mani y formulas para ninos van estar en su paquete de comida.

WIC quiere saber tu ideas sobre las mudanzas!

El programa WIC de American Red Cross va submeter sus ideas para USDA
(United States Department of Agriculture).

Que mas te encanto em los cambios propuestos?

Las frutas y vegetales
granos integrales en general

Quieres hacer otros comentarios?

Brenda J. Sanchez
Firma del participante

P-4499

IT'S TIME FOR A CHANGE!

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc).
- canned salmon or sardines in addition to canned chunk light tuna.
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

Never been on the program, but it looks good.

What other comments would you like to make?

I think the additions are great choices.



Signature of participant

P-4500

IT'S TIME FOR A CHANGE!

NOV 04 2006

WIC is proposing to make changes in our Food Packages.

Here are some of the *proposed* additions and changes:

Offer:

- fruits and vegetables;
- milk substitutes such as soy beverages and tofu;
- canned beans;
- a variety of whole grain foods (cereal, breads, tortillas, rice, etc);
- canned salmon or sardines in addition to canned chunk light tuna;
- "baby jar" fruits and vegetables.

*Please note that milk, eggs, cheese, juice, cereal, peanut butter and infant formula will still be available in the food packages.

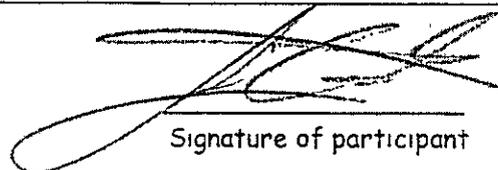
WIC wants to know your ideas about these changes!

The American Red Cross WIC Program will submit your ideas to the USDA
(United States Department of Agriculture).

What do you like most about the proposed changes?

It will give children the chance to have a variety of foods. At times parent can't always purchase large amounts of fruits and vegetables for their families and this will give them five daily servings of fruits and vegetables over a child needs to grow healthy.

What other comments would you like to make?



Signature of participant